Team Esteem

**What:** Team Esteem is an engaging preventative education program for girls. It is designed to use interactive educational segments and positive role models to attend to the serious issues facing young women. Team Esteem is a club designed to:

- inspire and promote self-love, self-esteem, and motivation
- develop life, healthy coping, and decision-making skills
- keep girls on the right path
- inspire girls to further their education

We use hands-on activities, crafts, and technology to help shape our young girls!

**Why:** We're here because we care about girls. We care about what they think. We care about what they think about themselves. We care about what happens to them.

**Who:** Team Esteem Leader- Chelsea Black (PPCD Teacher)

All 4th grade girls welcome!

**Where:** TBD

**When:** We will meet on the following Mondays at 8:00 a.m.:

- Oct. 5th
- Oct. 19th
- Nov. 2nd
- Nov. 16th
- Nov. 30th
- Dec. 14th
- Jan. 11th
- Jan. 25th
- Feb. 8th
- Feb 22nd
- Mar. 7th
- Mar. 28th
- Feb. 8th
- April. 25th
- Apr. 11th
- Apr. 25th

**How Much:** All Team Esteem members must have a signed permission slip and $10 **cash** for materials and activities.

****Please have your child turn this permission slip and $10 into her teacher by Friday, September 25th. If you have any questions, please e-mail chelsea.black@cfisd.net. We hope you can join!

Team Esteem Club Participation
To the parent/guardian of ____________________________:

Team Esteem is a prevention education program for girl’s ages 9 to 11 years old. In Team Esteem, participants learn how to build confidence, make healthy choices, and practice life skills. Team Esteem includes interactive activities about feelings, communication, violence, health, community, media, creativity, careers, and diversity.

Team Esteem will meet: on the attached Mondays from 8:00am to 8:35am.

Child’s name: ________________________________

Child’s teacher: ______________________________

Child’s Birthday: _____/_____/______

☐ I agree to allow my child to participate in TeamEsteem.

Signature: ________________________________ Date: __________________
Parent/Guardian name: ____________________________________________
Parent/Guardian telephone #: ________________________________

In emergency, please contact: ________________________________
Emergency contact phone #: ________________________________

Please have your child turn this permission slip and $10 into her teacher by Friday, September 25TH.